

## SOTHYS PARIS

Sothys Paris reflects an avant-garde spa concept dedicated to natural beauty treatments and indulgent massage experiences.

The Sothys Advanced research center has crafted unique and innovative formulas which combine with exclusive modelling and treatment procedures, reflecting their commitment to unique sensorial experiences balanced by careful wellbeing. The soul of Sothys is tied to their location, a legendary address in the heart of Paris.



## HOW TO BOOK

Simply dial 0 from your in-room telephone or **(+84) 2033 815 088** from other phones

## SPA ADVISORY

Please fill in the consultation form and give it to your butler or receptionist.

Customers must be 16 years old or above.

Please notify us of any health conditions we should be aware of before commencing your treatment.

We are a health zone. Please do not bring mobile devices and electronics into the Spa. Smoking, drugs and alcohol are not permitted.

We recommend leaving your valuables in your room as we are not responsible for missing items.

We recommend that you arrive at least 10 minutes prior to your treatment in your bathrobe.

## PAYMENT AND CANCELLATION

All treatments will be charged directly to your room.

Please give a three-hour's notice of cancellation of individual treatments and 12-hour notice on packages.

A 50% cancellation fee may apply if notice is not given.

A no-show will be charged 100% of treatment price.

LE PARFUM  
S P A



## Let your spa **journey** begin

A holistic spa indulgence awaits you at Le Parfum, blending exceptional European products from Sothys Paris with exclusive Asian treatments procedures. Nestled in Vietnam's most mythical of places, from the splendid grace of Halong Bay to the old-world charm of Hanoi, enjoy being ushered into a realm of tranquility in truly unique surroundings.

Delve into the world of Asian massage, choose from unique treatments inspired by traditional practises, and relax under the skilled pressure of nimble fingers. Indulge in a soothing facial that targets the signs of ageing, restore your skin with a natural body scrub, and allow all your worries to melt away with a nourishing body wrap.

## LE PARFUM RITUALS

VIETNAMESE MASSAGE 60/90 MIN 1,550/2,050

A traditional Vietnamese massage invented to soothe kings and queens after a hard day of ruling.

The deeper strokes of this unique treatment will help relieve the tightest of knots in your body and tease away the stress.

SENSORY SPA JOURNEY 90 MIN 2,350

A deeper relaxing Le Parfum massage using the five popular treatment techniques of Holistic, Balinese, Swedish, Japanese Shiatsu and Thai stretching to relieve your muscle tension and knots. The massage is followed by our Sweet and Sour scrub, which reveals velvety skin. Ingredients include sugar for hydrating, salt to relieve your muscular aches and pains, and hydra nourishing body milk to lock in moisture.

LE PARFUM BLISS 90 MIN 2,250

The Bliss combines a full body Balinese treatment with rejuvenating foot acupressure, or a Le Parfum natural facial. Be pampered and enhance your well-being.

## ASIAN SOUL RITUALS

BALINESE MASSAGE 60/90 MIN 1,550/2,050

Firm, smooth strokes, skin rolling and acupressure relieve stress, soothe and balance you. A popular treatment from Bali, Indonesia, for relaxation and harmony.

HOT STONE MASSAGE 90 MIN 2,250

Melt the tension away and ease muscle stiffness. This full body Tibetan massage accesses deep muscle layers to effectively treat painful areas while improving your sense of well-being.

## ENERGIZERS

FOOT ACUPRESSURE 30/60 MIN 800/1,550

Reflex points on the feet are connected to every organ in the body. Through the feet, the autonomic nervous, lymphatic and circulatory systems are stimulated to heal and balance. We recommend combining this therapy with an Upper Body treatment.

UPPER BODY 30/60 MIN 800/1,550

A truly relaxing upper body treatment that focuses on the key areas of the back, complete with face, scalp and shoulder massage.

HEALING HANDS 30/60 MIN 800/1,550

Soothing Vietnamese hands will work on acupressure points on your palms, shoulders, arms and head to instill a sense of calm.

HEAD, NECK AND SHOULDERS 30/60 MIN 800/1,550

Gentle aromatherapy techniques are applied to your head, neck and shoulders to promote sleep and inner peace. Recommended for those who love scalp massages.



## SOTHYS FACIALS

SOTHYS SOOTHING FACIAL 60 MIN 1,550

Ultra-calming, desensitising and soothing treatment for sensitive and reactive skins. Incorporating healing spa thermal water and specially selected botanicals to provide immediate and lasting relief while conditioning the skin.

SOTHYS HYDRA ADVANCED FACIAL 60 MIN 1,550

The ultimate beauty experience for immediate hydration, anti-ageing and radiance in a single treatment. A concentrate of active ingredients specially selected to hydrate thirsty skin.

SOTHYS ACTIVE FACIAL 60 MIN 1,550

Concentrated with powerful active substances, this four-step treatment helps restore clear, blemish-free skin. Skin is protected, shine-free and clear.

ANTI-AGEING INTENSIVE TREATMENT 70 MIN 1,750

Discover [C] Collagene Hyaluronique, the first intensive anti-ageing treatment adapted to the real age of the skin, determined by a professional diagnosis from the beauty therapist. This professional treatment combines technology and the exclusive Digi-Esthétique® method for proven, long-lasting effects.

## SOTHYS SCRUBS & WRAPS

SUGAR AND SALT SCRUB 45 MIN 1,550

Tonic exfoliation combining sea salts and sugars. A sweet-salty exfoliation for velvety skin.

SECRET BODY SCRUB 45 MIN 1,750

The Sothys Secrets Ritual combines secret the ingredients for the ultimate, in a unique treatment for the skin. An unforgettable well-being experience.

COCOON BODY WRAP 45 MIN 1,550

Experience the comforting sensation of a hydrating and nourishing wrap applied warm onto your skin. Indulge your body and your mind in pure escapism with the fragrance you have chosen, guaranteed soft skin.

SLIM PEELING BODY WRAP 45 MIN 1,750

A comprehensive slimming treatment to reduce the appearance of all types of cellulite. The incredible slimming wrap smooths the skin and is followed by body serums. A highly effective treatment.